# Timaru Boys' High School

## **Sports and Cultural Activities**

(includes Interschool Dates)

2020



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#### SPARC Coaches' Code of Ethics



## 1. Respect the rights, dignity and worth of every individual as a human being

- Treat everyone equally regardless of sex, disability, ethnic origin or religion.
- Respect the talent, developmental stage and goals of each player in order to help each player reach their full potential.

#### 2. Maintain high standards of integrity

- Operate within the rules of your sport and in the spirit of fair play, while encouraging your players to do the same.
- Do not disclose any confidential information relating to players without their written prior consent.

#### 3. Be a positive role model and act in a way that projects a positive image of coaching

- All players are deserving of equal attention and opportunities.
- Ensure the player's time spent with you is a positive experience.
- Be fair, considerate and honest with players.
- Encourage and promote a healthy lifestyle.

#### 4. Professional Responsibilities

- Display high standards in your language, manner, punctuality, preparation and presentation.
- Display control, courtesy, respect, honesty, dignity and professionalism to all involved within the sphere of rugby this includes opponents, coaches, referees, officials, administrators, the media, parents and spectators.
- Encourage your players to demonstrate the same qualities.
- Be professional and accept responsibility for your actions.
- Refrain from criticism of referees, other coaches and players.

#### 5. Make a commitment to providing a quality service to your players

- Seek continual improvement through on-going coach education, and other personal and professional development opportunities.
- Provide players with planned and structured training programmes appropriate to their needs and goals.
- Seek advice and assistance from professionals when additional expertise is required.
- Maintain appropriate records.

#### 6. Provide a safe environment for training and competition

- Adopt appropriate risk management strategies to ensure that the training and/or competition environment is safe.
- Ensure equipment and facilities meet safety standards.

- Ensure equipment, rules, training and the environment are appropriate for the age, physical and emotional maturity, experience and ability of the players.
- Show concern and caution toward sick and injured players.
- Allow further participation in training and competition only when appropriate.
- Encourage players to seek medical advice when required.
- Provide a modified training programme where appropriate.
- Maintain the same interest and support toward sick and injured players as you would to healthy players.

#### 7. Protect your players from any form of personal abuse

- Refrain from any form of verbal, physical or emotional abuse towards your players.
- Refrain from any form of sexual or racial harassment, whether verbal or physical.
- Do not harass, abuse or discriminate against players on the basis of their sex, marital status, sexual orientation, religious or ethical beliefs, race, colour, ethnic origins, employment status, disability or distinguishing characteristics.
- Any physical contact with players should be appropriate to the situation and necessary for the player's skill development.
- Be alert to any forms of abuse directed towards players from other sources while in your care.

#### Coaches are to:

- Be treated with respect and openness
- · Have access to self-improvement opportunities
- Be matched with a level of coaching appropriate to their ability

## SPARC Parents'/Carers' Code of Conduct

- Encourage your child to learn the rules and play within them.
- Discourage unfair play and arguing with referees or officials.
- Help your child to recognise good performance, not just results.
- Never force your child to take part in sport.
- Set a good example by recognising fair play and applauding good performances of all.
- Never punish or belittle a child for losing or making mistakes.
- Publicly accept referees' and officials' judgements.
- Support your child's involvement and help them to enjoy their sport.
- Use correct and proper language at all times.
- Encourage and guide participants to accept responsibility for their own performance and behaviour.

#### Interschool Fixtures 2020

Summer: Term 1

OBHS 9 February

Waitaki 3 March (Away)

Winter: Term 2

Winter: Term 3

STAC 21 July (Home and Away)

OBHS 4 August (Home)
McGlashan 11 August (Away)
Waitaki 26 August (Home)

Summer: Term 4

Waitaki 11 November (Junior) McGlashan 24 November (Junior)

Winter Tournament Week: 31 August - 4 September 2020

All the information in this booklet is as accurate as possible. Names, dates and costs may change after publication.

This publication will also be on the website which will be updated as information changes. If you have any queries, please contact the teacher in charge.

### **Athletics**

**Teacher in Charge**: Mr Wagstaff

Season Starts: Start of Term 1

Season Ends: End of Term 4

**Practice days:** 

**Competitions**: School Sports Athletics Day: Week 4-5 Term 1

Aoraki Champs: Week 5-6 Term 1

South Islands: End of Term 1

Nationals: End of Term 4

**Trials Start**:

**Home Venue:** 

**Equipment and Uniform required**: Blue Shorts. Athletics Singlet

**Equipment Supplied:** 

**Expected Costs**: Depends on where the various competitions are held.

### Badminton

**Teacher in Charge**: Mr McLay

Season Starts: 28 July

Season Ends: 25 August

**Practice days**: No practice days

**Competitions**: Secondary Schools' Badminton Competition

Tuesday nights

**Trials Start**: No trials

Home Venue: SBS Stadium

**Tournaments**: To be advised

Equipment and Uniform required: Badminton Racquet, gym shoes, PE

uniform

**Equipment Supplied**: Shuttlecocks

**Expected Costs:** 

\$80 per Senior team (4 players)

\$40 per Junior team (2 players)

### Basketball

**Teacher in Charge**: Mr Austin/Mr Melrose

**Season Starts**: Term 2 (Training starts Term 1)

Season Ends: Term 3

**Practice days**: To be decided

**Competitions**: Friday evening Secondary Schools Competition.

Senior team/s may enter Thursday Men's League

Trials Start: Term 1

**Home Venue**: SBS Centre/TBHS Gymnasium

**Tournaments**: Junior Secondary Schools (Year 9 and 10)

**Qualifying for National Champs** 

Non qualifiers tournament (Dunedin)

1 day Aoraki Juniors Tournament

**Equipment and Uniform required**: TBHS PE shorts. Shoes.

**Equipment Supplied**: Team singlets

**Expected Costs**: Juniors - \$65

Seniors - \$70

Tournament costs for those selected

### Bowls

**Teacher in Charge**: Mrs Hilton

**Season Starts**: February

**Season Ends:** 

**Practice days**: Fridays

**Competitions**: Fridays

**Trials Start:** 

**Home Venue**: Kia Toa

**Tournaments**: Waitaki Exchange, Aoraki Champs

**Equipment and Uniform required**: Flat soled shoes

Equipment Supplied: Bowls supplied (own may be used)

**Expected Costs**: Small charge for exchanges

### Chamber Music

**Teacher in Charge**: Ms Parcell

Season Starts: February

Season Ends: June

**Practice days**: Wednesday or to suit members of group

**Competitions**: Chamber Music

**Trials Start**:

**Home Venue**: Music Department

Performances: 2-day Music Tour, School Interchange, Music Tour of

Primary Schools, in school and community performances

**Equipment and Uniform required**: Instrument, school uniform –

Blazer, white shirt, tie for formal performances.

Equipment Supplied: Instrument hire if required

**Expected Costs**: Entry fee, cost of instrument hire if required

### Chess

**Teacher in Charge**: Mr Furze

**Season Starts**: Term 2

**Season Ends**: End Term 3

**Practice days:** 

**Competitions**: Wednesday Lunchtimes

**Trials Start**: Term 2

Home Venue: School Library

**Tournaments**: Waitaki, STAC and occasionally OBHS interschool's.

Qualifier for nationals.

**Equipment and Uniform required**: None

**Equipment Supplied**: Chess Sets

Expected Costs: Nil. \$400 plus if going to National Tournament

#### Concert Band

**Teacher in Charge**: Ms Parcell

**Season Starts**: February

**Season Ends**: End of Year

Practice days: Wednesday 8am

**Competitions**:

**Trials Start:** 

Home Venue: Music Room

**Performances:** Annual Music Tour of Primary Schools – 2 days, Music

Tour – 2 days, Music Interchange with another Secondary School

**Equipment and Uniform required**: Band Instrument – Brass,

Woodwind, Drum kit, electric bass, electric guitar

Equipment Supplied: Most instruments available for hire. Lessons in all

instruments available through Itinerant Music system

Expected Costs: Hire of instrument, Photocopies of music, Tour costs,

Workshop – Fee for visiting conductor

#### Cricket

**Teacher in Charge**: Mr Richardson

Season Starts: September

**Season Ends**: March

**Practice days**: 1<sup>st</sup> XI Tues and Thurs 4:30-6pm

Other Senior Teams Wed nights 4:30-6pm

Junior Teams Wed 3:30-5pm

**Competitions**: 1<sup>st</sup> XI in Canterbury Secondary Schools competition

Rest of teams in local competitions

**Trials Start**: September

Home Venue: Rectory/School Park

**Tournaments**: 1st XI, 2<sup>nd</sup> XI and Colts in Interschool's,

Year 9 team National Knockout competition

Equipment and Uniform required: Cricket Whites, bat, and shoes

**Equipment Supplied**: Gear bag for each team, balls, playing shirts, caps

**Expected Costs**: \$100 subs plus own gear requirements

## Croquet (Golf)

**Teacher in Charge**: Mr Stevenson

Season Starts: Term1

Then again in Term 4

**Season Ends**: End of Term 1 and end of Term 4.

Practice days: Lunchtimes

Competitions: Wednesday 4-6pm

**Trials Start**:

Home Venue: Aorangi Club Craigie Avenue

Tournaments: Waitaki Interschool, Aoraki Championships, National

Championships (qualification tournament in Term 4)

Equipment and Uniform required: Flat soled shoes

Equipment Supplied: Mallet available at club or you can bring your own.

**Expected Costs**: \$20 for local competition.

\$650 to attend Nationals if qualified (boys arrange own travel)

## Cross Country

**Teacher in Charge**: Mr Dominikovich

Season Starts: Beginning of Term 2

Season Ends: End of Term 2

**Practice days:** 

Competitions: School Cross Country, Canterbury Cross Country, Aoraki

Cross Country, NZSS Cross Country

**Trials Start:** 

**Home Venue:** 

**Tournaments:** 

**Equipment and Uniform required**: Shorts, Running Shoes (Not spikes)

**Equipment Supplied:** School Singlet

Expected Costs: Travel costs to ChCh, Aoraki Venue (varies) and Nationals

## Cycling (Road, Track and MTB)

**Teacher in Charge**: Mr Bunting

Season Starts: All year

**Season Ends:** 

Practice days: As required

Competitions: Aorakis, Canterbury Secondary Schools' Competition

**Trials Start**:

**Home Venue:** 

**Tournaments:** 

**Equipment and Uniform required:** 

**Equipment Supplied:** 

**Expected Costs**: Cost of entries for competitions

## Debating

**Teacher in Charge**: Mrs Harland

Season Starts: Start of Term 2

**Season Ends**: End of Term 3

**Practice days:** 

**Competitions**: Interschools, Press Debating Competition ChCh

**Trials Start**:

**Home Venue:** 

**Tournaments:** 

**Equipment and Uniform required**: Access to internet for research

**Equipment Supplied:** 

**Expected Costs**: \$100 approximately

## Equestrian

(dependent upon student interest)
Teacher in Charge:
Season Starts:
Season Ends:
Practice days:
Competitions: Sandalwood Trophy
Trials Start:
Home Venue:
Tournaments:
Equipment and Uniform required:
Equipment Supplied:
<b>Expected Costs</b> : This sport depends on number of students involved in
equestrian.

## Fencing (currently unavailable)

**Teacher in Charge**: TBC

Coach: Graham Payne Cell 021827703gpayne101@gmail.com

**Season Starts**: February

Season Ends: December

**Practice days**: Tuesday/Wednesday 6-8pm to be confirmed)

**Competitions**:

**Trials Start:** 

Home Venue: TBHS Gym

**Tournaments**: Tournaments with Christchurch and Dunedin Clubs.

Interschools to be confirmed.

**Equipment and Uniform required**: T-Shirt, Track pants, indoor court

shoes, towel and drink bottle

Equipment Supplied: Foils, mask, fencing uniform, electronic scoreboard

**Expected Costs**: \$75

## Film Making

**Teacher in Charge**: TBC

Season Starts: When competition details are released

Season Ends: As required

**Practice days:** 

Competitions: Fair Go Ad Awards etc

**Trials Start**:

**Home Venue:** 

**Tournaments:** 

**Equipment and Uniform required:** 

**Equipment Supplied**: Camera supplied

Expected Costs: Costs to make film. Travel to filming locations. Tapes for

video camera. No set costs.

## Fishing Club

**Teacher in Charge**: Mr Richardson/Mr Gibb

**Season Starts**: February

Season Ends: November

**Trips:** Organised throughout the year, usually at least 3 every term to

various locations around South Canterbury and further afield

**Equipment required:** Fishing licence and fishing gear

Equipment Supplied: The club has a number of spinning and fly rods

available for use by members

Expected Costs: Club membership fee is \$15 per year. Trip costs vary on

location

### Football

**Teacher in Charge**: Mr Gibb

**Season Starts**: Late March/Early April

**Season Ends**: August. *Note:* Junior teams normally start a week or two

later and finish a week or two earlier than the senior teams.

**Practice days**: 1<sup>st</sup> XI Tuesday and Thursdays. All other teams practices to be

decided after selection.

**Competitions**: 1<sup>st</sup> XI play in Senior Men's competition. U17's and U15's play

in local competitions. All teams will probably travel to Oamaru at some stage.

**Trials Start**: Late Feb - early March for 1<sup>st</sup> and 2<sup>nd</sup> XI.

**Home Venue**: SBAP for U17's and senior team. School Park for U15's.

**Tournaments**: Interschool's. 1<sup>st</sup> XI will play all interschool's. 2<sup>nd</sup> Xi and other

teams will all hopefully have an interschool at some stage.

**Equipment and Uniform required**: Socks required for all teams. White shorts required for all teams other than 1<sup>st</sup> XI. Socks and shorts are available through school.

**Equipment Supplied**: Shirts supplied for all teams. Shorts supplied for  $1^{st}$  and  $2^{nd}$  XI.

**Expected Costs**: \$120 Subs

### Golf

**Teacher in Charge**: Mrs Bower

Season Starts: Feb/March

**Season Ends**: September

Practice days: When organised

**Competitions**: Interschool's

**Trials Start**:

**Home Venue**: Timaru Golf Club Levels

**Tournaments**: Interschool's, Aorakis, National Secondary Schools

Tournament, Winter Quadrangular Tournament

**Equipment and Uniform required**: Must have own golf clubs, shoes etc

**Equipment Supplied:** 

**Expected Costs**: Approximately \$20 per interschool, usually 3 trips away per year. Quadrangular tournament a separate amount (dependant on

### Hockey

**Teacher in Charge**: Miss Paterson

Season Starts: March

**Season Ends**: September

**Practice days**: Dependent upon the team and division being played

#### **Competitions**:

1st XI SSP against Christchurch schools

 Local Competitions: Senior Mens', 2nd XI, Senior Division 2, Colts, Eagles, Rams, Falcons, Cowboys, Ravens Division 3

#### Note:

 1sts play on either Wednesday or Friday and may travel to Ashburton/Christchurch

• 2nds play on a Sunday

• 3rd division play on Mondays and may travel to Oamaru/ Ashburton

**Trials Start**: February

**Home Venue**: South Canterbury Hockey Turf

**Tournaments**: National 1sts and 2nds Tournaments.

Interschool: OBHS - 1sts and Colts; Waitaki -2nds; STAC

1st and Colts; JMC 1sts and Colts

Equipment and Uniform required: Stick, mouth guard, turf shoes, shin

pads

Equipment Supplied: Uniform, goalie uniform, tracksuits for tournament

#### **Expected Costs:**

1sts: \$400 2nds \$300

Colts, Falcons, Ravens. Cowboys, Rams, Eagles - \$200

Extra costs if going to National Tournaments. Costs will vary dependent upon location of tournament.

#### **Itinerant Music Lessons**

**Teacher in Charge**: Ms Parcell

Season Starts: Week 2 Term 1

Season Ends: End of the year

**Practice days**: As arranged for each instrument

Brass: Wednesday, Woodwind: Wednesday, Guitar:

Tuesday/Wednesday, Electric Bass/Cello/Bass: Thursday,

Piano: Thursday, Pipes: Friday, Violin: Monday, Drum kit:

Friday

**Competitions:** 

**Trials Start**: Registration forms to be completed and signed by

parents before lessons begin.

**Home Venue**: Studios in Music Department

**Tournaments:** 

**Equipment and Uniform required:** 

Equipment Supplied: Limited number of instruments available for hire

Expected Costs: Hire of instruments - \$200 per year \$55 per term

Piano \$12 per 20 minute lesson

Drum kit – Part cost of lessons. Cost TBC

### Jazz Band

**Teacher in Charge**: Ms Parcell

Season Starts: February

Season Ends: End of year

Practice days: Wednesdays 12.30pm

Home Venue: Music Room

Performances: School Interchange, Music Tour of Primary Schools, in

school and community performances. Christchurch Jazz Festival.

**Equipment and Uniform required**: Instruments-hired or personal

## Kapa Haka

**Teacher in Charge**: Mrs Fenwick

Season Starts: Beginning of year

Season Ends: End of year

**Practice days**: Monday at TGHS

Tuesday and Friday at TBHS

Competitions: Ka Toi Maori FLAVA Festival

South Island Secondary School

**Trials Start:** 

Home Venue: Hall

**Expected Costs**: Very little

**Note:** This is a combined TBHS, TGHS Kapa Haka team Nga

Manu Kura practice and perform

## Motocross

Teacher in Charge:	Mr Archibald			
Season Starts:				
Season Ends:				
Practice days:				
Competitions:				
Trials Start:				
Home Venue:				
Tournaments: Sou	th Island Seconda	ary Schools. One off competit	ion.	
<b>Equipment and Unif</b>	orm required:	You must have own bike an	d safety	
gear. Parents must be able to attend and transport to competition				
<b>Equipment Supplied</b>	<b>l:</b>			
Expected Costs: Varies dependant of location of venue				

## Pipe Band

Teacher in Charge: Ms Parcell/Scott Shannon

**Season Starts**: February

Season Ends: November

Practice days: Friday 12:40pm

**Competitions**:

**Trials Start:** 

**Home Venue**: Music Department

Performances: Fireworks Bonanza, Music Tour of Primary Schools

Equipment and Uniform required: Chanter and Pipes if you have them

**Equipment Supplied**: Chanter and Pipes through Scott Shannon

**Expected Costs:** 

## Rockquest

**Teacher in Charge**: Ms Parcell

Season Starts: First Meeting February

Season Ends: November

**Practice days**: To suit bands and Music Department

**Competitions**: 9<sup>th</sup> June Theatre Royal Timaru Regional Competition

**Trials Start**: Group set up from February

Home Venue: Music Studios, Hogben Hall

Performances: Music Tour of Primary schools, 2 day Music Tour,

Secondary Schools Interchange

**Equipment and Uniform required**: Students to provide own gear for competitions and tours. Mufti uniform for tours and trips

**Equipment Supplied**: School amplifiers, instruments available for school rehearsals

Workshops: Music Commission, Rockquest

**Expected Costs**: Travel for competitions and tours outside Timaru

### Rowing

**Teacher in Charge**: Mr Bunting

**Season Starts**: September

Season Ends: April

**Practice days**: 2 days a week initially building up to 5 times a week at

the height of the season

**Competitions**: 7-8 competitions throughout the season culminating in

the Maadi Cup

**Trials Start:** 

Home Venue: Training on Saltwater Creek initially then at Lake Opuha.

Regattas at Lake Ruataniwha and Lake Hood.

**Tournaments:** 

**Equipment and Uniform required:** 

**Equipment Supplied**: Boats and sculls/oars

Expected Costs: \$300 rowing fee. Costs for accommodation and travel to

regattas and training. Costs can be upwards of \$1700.

## Rugby

**Teacher in Charge**: Mr Patterson

Season Starts: March

Season Ends: November

**Practice days**: Tuesday-Thursday

**Competitions**: 1<sup>st</sup> XV – Crusaders' Press Cup Competition

All other teams – Local Competition

Rugby 7s as well

**Trials Start**: February

Home Venue: Alpine Energy Stadium, School Park

**Tournaments**: Interschool's, Colts-Colts Tournament

Equipment and Uniform required: Boots, TBHS Shorts, Socks,

Mouthguard

**Equipment Supplied**: Jersey Supplied

Expected Costs: Subs: TBC. Extra costs for Colts Tournament and 1st XV

## Skiing/Snowboarding

**Teacher in Charge**: Mr Gill

**Season Starts**: August

**Season Ends**: September

**Practice days:** 

**Competitions**: Aorakis, South Island Secondary Schools Championships

**Trials Start**:

Home Venue: Round Hill

**Tournaments:** 

Equipment and Uniform required: Own equipment required

**Equipment Supplied:** 

**Expected Costs**: Season fees (some discounts available)

## Smallbore Shooting

**Teacher in Charge**: Mr Johnston

Season Starts: beginning of Term 2

**Season Ends**: end of Term 3

Shooting day: Tuesday after school, 3:35pm

**Competitions**: Interschool Exchanges; Postal Shoot

Home Venue: Timaru Smallbore Shooting Club (Municipal) Craigie Ave

**Equipment Supplied**: Rifle, ammunition, gloves, jacket, ear and eye

protection.

**Expected Costs**: \$10 fee and \$5 per shoot

## Softball

**Teacher in Charge**: Mr Fackney

Season Starts: Start of Term 4

Season Ends: End or term 1

**Practice days:** 

**Competitions**: Local Competition

**Trials Start**:

**Home Venue**: School Park

**Tournaments:** 

**Equipment and Uniform required:** 

**Equipment Supplied**: Bats, balls and gloves

**Expected Costs**: \$150 per team. Teams are normally organised by

the students.

## Speeches

**Teacher in Charge**: Mr Packwood

**Season Starts**: Various

**Season Ends:** 

**Practice days**: Before competitions

Competitions: Number of local competitions run by organisations such

as Rotary plus school based competitions.

**Trials Start:** 

**Home Venue:** 

**Tournaments:** 

**Equipment and Uniform required**: Access to internet and computers

**Equipment Supplied:** 

**Expected Costs**: Will be low but depends on travel to competitions.

## Squash

**Teacher in Charge**: Mr Poulter

**Season Starts**: Term 2

**Season Ends**: Term 3

Practice days: To be advised

**Competitions**: School ladder, Timaru Squash Club Secondary Schools

**Pennant** 

**Trials Start**: Term 2

Home Venue: TBHS Gym Court

**Tournaments**: Interschool's – Waitaki, OBHS and STAC. Aorakis. South

Island tournament if team strong enough.

Equipment and Uniform required: Need own racquet

**Equipment Supplied**: Shirts supplied for A team.

**Expected Costs**: Varies - dependent upon competition level.

#### Swimming

**Teacher in Charge**: Mrs Stevenson

**Season Starts**: All year – for award purposes, National Short Course

Champs, from one year to the next

**Season Ends**: Aoraki Champs or South Island Events

**Practice days**: Private training

Competitions: Schools Sports/Aoraki Champs/South Island/

NZ Secondary Schools'

**National Club Competition** 

**Trials Start:** 

**Home Venue:** 

**Tournaments**: NZ Secondary Schools'

Equipment and Uniform required: Togs, TBHS/Club cap, goggles

TBHS PE shorts and top, sweatshirt

**Equipment Supplied**: TBHS caps - \$10

Expected Costs: Travel and accommodation for school events if required

Aoraki entry fees will be covered by the school

#### **Table Tennis**

**Teacher in Charge**: Mr Howard

Season Starts: Start of Term 2

**Season Ends**: End of Term 3

**Practice days:** 

**Competitions**: Monday Nights

**Trials Start**:

Home Venue: Conoor Road Table tennis Centre

Tournaments: Aorakis, National Tournament if qualified

**Equipment and Uniform required**: Soft shoes

Equipment Supplied: Bats, balls

**Expected Costs**: \$15 fee approximately \$2 a night

#### **Tennis**

**Teacher in Charge**: Mr Bennison

Season Starts: Start of Term 1 and Term 4

Season Ends: End of Term 1 and Term 4

**Practice days:** 

**Competitions**: Tuesday/Friday night competitions

**Trials Start:** 

**Home Venue**: ASB Tennis Centre

Tournaments: Aorakis, South Island Championships, Interschool's

Equipment and Uniform required: Tennis Racquet, Blue Shorts, Non

marking shoes

**Equipment Supplied**: Tennis Tops

Expected Costs: Tuesday/Friday nights - Approximately \$20

Interschools – Approximately \$40/\$60

### Theatre Sports

**Teacher in Charge**: TBC

Season Starts: All year

**Season Ends**:

Practice days: Lunch time

**Competitions**:

**Trials Start**:

**Home Venue:** 

**Tournaments**: Interschools if other schools have teams. Court Theatre

Regional Schools' Competition: Seniors - 3<sup>rd</sup> term, Juniors - 4<sup>th</sup> term.

**Equipment and Uniform required:** 

**Equipment Supplied:** 

**Expected Costs**: School covers membership fee. Travel to ChCh for competitions and training. Approximately \$15 per trip.

#### Touch

**Teacher in Charge**: Mr Rooney

**Season Starts**: 1<sup>st</sup> and 4<sup>th</sup> Terms

**Season Ends:** 

**Practice days:** 

**Competitions**: Aorakis

**Trials Start**:

**Home Venue:** 

Tournaments: STAC, Waitaki Interschools

**Equipment and Uniform required**: Blue shorts, shoes

**Equipment Supplied**: Tops

**Expected Costs**: To be advised

# Trapshooting

**Teacher in Charge**: Mrs Blake

Season Starts: Term 2

**Season Ends**: Term 4

**Practice days**: Thursday

Competitions: Provincial, Intercollegiate, Interschool's, Nationals

**Trials Start**: End of Term 1

**Home Venue**: Timaru Shooting Club (Timaru Airport)

**Tournaments:** 

Equipment and Uniform required: TBHS Uniform for competition,

Tracksuit, Gun

Equipment Supplied: Guns can be loaned

**Expected Costs**: \$30 per week, plus travel and accommodation costs for some competitions. Plus \$50 to join Timaru Club and New Zealand Claybird shooting.

There will be extra costs involved in getting out to the Airport for training. Students may have to sort their own transport out to get there.

## Triathlons

Teacher in Charge:	Mr Bennison		
Season Starts:			
Season Ends:			
Practice days:			
Competitions:			
Trials Start:			
Home Venue:			
Tournaments:			
Equipment and Unifo	orm required:		
<b>Equipment Supplied</b> :			
<b>Expected Costs</b> :			

**Note:** It is unknown at this stage if this sport is going ahead. This will be confirmed after level of interest is determined.

### Volleyball

**Teacher in Charge**: Mrs Bode

Season Starts: Seniors – Beginning of Term 1

Juniors - Term 3

**Season Ends**: Seniors – End of Term 1

Juniors – Term 4

Practice days: Seniors and Juniors- Monday 3.30pm Thursday 7.30am

Competitions: Aorakis. Otago Champs, Canterbury Champs, Nationals in

Palmerston North, Interschool's

**Trials Start**: Seniors – Start of Term 1

Juniors – End of Term 3

Home Venue: TBHS Gym

**Tournaments:** 

**Equipment and Uniform required**: Court Shoes

**Equipment Supplied**: Uniform provided

**Expected Costs:** 

Seniors: Nationals \$700, All other tournaments \$200

Juniors: South Islands \$350

All other tournaments vary in cost: approx \$50 - \$100.

# Weight Training

**Teacher in Charge**: Mr Poulter

Season Starts: Term 1

Season Ends: Term 4

**Practice days**: Monday-Friday 8.30-3.30pm

**Competitions**:

**Trials Start**:

Home Venue: TBHS Gym

**Tournaments:** 

**Equipment and Uniform required:** 

**Equipment Supplied**: Weights room, Cardio equipment

Expected Costs: \$50 membership fee

#### Yachting

**Teacher in Charge**: Mrs Whytock

**Season Starts**: February

Season Ends: April

**Practice days**: Usually Wednesday

**Competitions**: 420 Secondary Schools Team racing

**Trials Start**: February

Home Venue: Timaru Yacht and Power Boat Club

Tournaments: Nationals, Top of the South Regatta, Lower South Island

Regatta, STAC Exchange,

**Equipment and Uniform required**: Normal Sailing Gear – wetsuit,

lifejacket etc

Equipment Supplied: 420s boats

**Expected Costs:** 

Students will need to join the Timaru Yacht Club – subs are \$110

 Tournament costs are \$1,000 approximately depending on location.

For experienced sailors only.

 Learn to sail lessons can be done through the Timaru Yacht and Powerboat Club.