

Timaru Boys' High School

Sports and Cultural Activities

(includes Interschool Dates)

2017



This document will be updated as required – dates are subject to change

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SPARC Coaches' Code of Ethics



1. Respect the rights, dignity and worth of every individual as a human being

- Treat everyone equally regardless of sex, disability, ethnic origin or religion.
- Respect the talent, developmental stage and goals of each player in order to help each player reach their full potential.

2. Maintain high standards of integrity

- Operate within the rules of your sport and in the spirit of fair play, while encouraging your players to do the same.
- Do not disclose any confidential information relating to players without their written prior consent.

3. Be a positive role model and act in a way that projects a positive image of coaching

- All players are deserving of equal attention and opportunities.
- Ensure the player's time spent with you is a positive experience.
- Be fair, considerate and honest with players.
- Encourage and promote a healthy lifestyle.

4. Professional Responsibilities

- Display high standards in your language, manner, punctuality, preparation and presentation.
- Display control, courtesy, respect, honesty, dignity and professionalism to all involved within the sphere of rugby – this includes opponents, coaches, referees, officials, administrators, the media, parents and spectators.
- Encourage your players to demonstrate the same qualities.
- Be professional and accept responsibility for your actions.
- Refrain from criticism of referees, other coaches and players.

5. Make a commitment to providing a quality service to your players

- Seek continual improvement through on-going coach education, and other personal and professional development opportunities.
- Provide players with planned and structured training programmes appropriate to their needs and goals.
- Seek advice and assistance from professionals when additional expertise is required.
- Maintain appropriate records.

6. Provide a safe environment for training and competition

- Adopt appropriate risk management strategies to ensure that the training and/or competition environment is safe.
- Ensure equipment and facilities meet safety standards.
- Ensure equipment, rules, training and the environment are appropriate for the age, physical and emotional maturity, experience and ability of the players.

- Show concern and caution toward sick and injured players.
- Allow further participation in training and competition only when appropriate.
- Encourage players to seek medical advice when required.
- Provide a modified training programme where appropriate.
- Maintain the same interest and support toward sick and injured players as you would to healthy players.

7. Protect your players from any form of personal abuse

- Refrain from any form of verbal, physical or emotional abuse towards your players.
- Refrain from any form of sexual or racial harassment, whether verbal or physical.
- Do not harass, abuse or discriminate against players on the basis of their sex, marital status, sexual orientation, religious or ethical beliefs, race, colour, ethnic origins, employment status, disability or distinguishing characteristics.
- Any physical contact with players should be appropriate to the situation and necessary for the player's skill development.
- Be alert to any forms of abuse directed towards players from other sources while in your care.

Coaches are to:

- Be treated with respect and openness
- Have access to self-improvement opportunities
- Be matched with a level of coaching appropriate to their ability

SPARC Parents' /Carers' Code of Conduct

- Encourage your child to learn the rules and play within them.
- Discourage unfair play and arguing with referees or officials.
- Help your child to recognise good performance, not just results.
- Never force your child to take part in sport.
- Set a good example by recognising fair play and applauding good performances of all.
- Never punish or belittle a child for losing or making mistakes.
- Publicly accept referees' and officials' judgements.
- Support your child's involvement and help them to enjoy their sport.
- Use correct and proper language at all times.
- Encourage and guide participants to accept responsibility for their own performance and behaviour.

Interschool Fixtures 2017

Summer:	Term 1
OBHS	15 February (Home)
Waitaki	7 March (Home)
STAC	26 February (Away)
Winter:	Term 2
CBHS	17 May (Away)
STAC	13 June (Home and Away)
OBHS	21 June (Away)
Winter:	Term 3
Waitaki	30 August (Away)
Summer:	Term 4
Waitaki	15 November (Junior)

Summer Tournament Week:

Winter Tournament Week: 04-08 September

All the information in this booklet is as accurate as possible. Names, dates and costs may change after publication.

This publication will also be on the website which will be updated as information changes. If you have any queries please contact:

Archery

Teacher in Charge: *Mr Johnston*

Season Starts: February-April and September-December

Season Ends:

Practice days: Lunchtimes -Days to be arranged.

Competitions:

Trials Start:

Home Venue: Rectory

Tournaments: TBHS Archery Cup, Possibly Interschools as well

Equipment and Uniform required: Gloves

Equipment Supplied: Bows, arrows and targets

Expected Costs: \$50 for beginners with no equipment

\$20 for members with own equipment

Athletics

Teacher in Charge: *Mr Wagstaff*

Season Starts: Start of Term 1

Season Ends: End of Term 4

Practice days:

Competitions: School Sports Athletics Day: Week 4-5 Term 1

Aoraki Champs: Week 5-6 Term 1

South Islands: End of Term 1

Nationals: End of Term 4

Trials Start:

Home Venue:

Equipment and Uniform required: Blue Shorts. Athletics Singlet

Equipment Supplied:

Expected Costs: Depends on where the various competitions are held.

e.g Competition in Nelson in 2012 was \$150 per athlete

National Championships in North Island up to \$700 per athlete

Badminton

Teacher in Charge: Mrs Bruce

Season Starts: The last 2 weeks of term 1

Season Ends: The first 2 weeks of term 3

Practice days: No practice days

Competitions: Monday nights (This may change in 2015)

Trials Start: Limited trials for top teams are done in term 1

Home Venue: SBS Stadium

Tournaments: Aoraki Champs, School Exchanges STAC, WBHS

Equipment and Uniform required: Badminton Racquet, proper gym shoes, suitable clothing for playing badminton

Equipment Supplied: Shuttlecocks

Expected Costs: Approximately \$40 per player

Basketball

Teacher in Charge:	Mr Austin/Mr Melrose
Season Starts:	Term 2 (Training starts Term 1)
Season Ends:	Term 3
Practice days:	To be decided
Competitions:	Friday evening Secondary Schools Competition. Senior team/s may enter Thursday Mens League
Trials Start:	Term 1
Home Venue:	SBS Centre/TBHS Gymnasium
Tournaments:	Junior Secondary Schools (Year 9 and 10) Qualifying for National Champs Non qualifiers tournament (Dunedin) 1 day Aoraki Juniors Tournament
Equipment and Uniform required:	TBHS PE shorts. Shoes.
Equipment Supplied:	Team singlets
Expected Costs:	Juniors - \$65 Seniors - \$70 Tournament costs for those selected

Beach Volleyball

Teacher in Charge: TBC

Season Starts: Term 1 and Term 4

Season Ends: End of Term 1 and Term 4

Practice days: Tuesday after school and Saturday Mornings

Competitions: Aorakis, Otago Champs, Canterbury Champs

Trials Start:

Home Venue: Caroline Bay Beach Courts

Tournaments: Team travels to 4-8 tournaments dependant on commitments of players

Equipment and Uniform required: Shorts and Shirts

Equipment Supplied:

Expected Costs: Social players - \$20 for season

Competitive players – up to \$800

Bowls

Teacher in Charge: Mrs Melrose

Season Starts: February

Season Ends:

Practice days: Fridays

Competitions: Fridays

Trials Start:

Home Venue: Kia Toa

Tournaments: Waitaki Exchange, Aoraki Champs

Equipment and Uniform required: Flat soled shoes

Equipment Supplied: Bowls supplied (own may be used)

Expected Costs: Small charge for exchanges

Chamber Music

Teacher in Charge: *Miss Bastings*

Season Starts: February

Season Ends: June

Practice days: Wednesday or to suit members of group

Competitions: Chamber Music

Trials Start:

Home Venue: Music Department

Performances: 2 day Music Tour, School Interchange, Music Tour of Primary Schools, in school and community performances

Equipment and Uniform required: Instrument, school uniform – Blazer, white shirt, tie for formal performances.

Equipment Supplied: Instrument hire if required

Expected Costs: Entry fee, cost of instrument hire if required

Chess

Teacher in Charge: Mrs Melrose

Season Starts: Term 2

Season Ends: End Term 3

Practice days:

Competitions: Friday Lunchtimes

Trials Start: Term 2

Home Venue:

Tournaments: Waitaki, STAC and occasionally OBHS interschool's.

Qualifier for nationals.

Equipment and Uniform required: None

Equipment Supplied: Chess Sets

Expected Costs: Nil. \$400 plus if going to National Tournament

Climbing/Bouldering

Teacher in Charge: *Mr Richardson*

Season Starts: February

Season Ends: November

Practice days: Lunchtimes

Competitions: Nationals and Canterbury Champs

Trials Start:

Home Venue:

Tournaments:

Equipment and Uniform required: PE gear

Equipment Supplied: Shoes and general climbing equipment

Expected Costs: \$20 fee plus competition costs

Concert Band

Teacher in Charge: Miss Bastings

Season Starts: 8th February

Season Ends: End of Year

Practice days: Wednesday 8am

Competitions:

Trials Start:

Home Venue: Music Room

Performances: Annual Music Tour of Primary Schools – 2 days, Music Tour – 2 days, Music Interchange with another Secondary School

Equipment and Uniform required: Band Instrument – Brass, Woodwind, Drum kit, electric bass, electric guitar

Equipment Supplied: Most instruments available for hire. Lessons in all instruments available through Itinerant Music system

Expected Costs: Hire of instrument, Photocopies of music, Tour costs, Workshop – Fee for visiting conductor

Cricket

Teacher in Charge: Mr Patterson

Season Starts: September

Season Ends: March

Practice days: 1st XI Tues and Thurs 4.30-6pm

Other Senior Teams Wed nights 4.30-6pm

Junior Teams Wed 3.30-5pm

Competitions: 1st XI in Canterbury Secondary Schools competition

Rest of teams in local competitions

Trials Start: September

Home Venue: Rectory/School Park

Tournaments: 1st XI, 2nd XI and Colts in Interschool's,

Year 9 team National Knockout competition

Equipment and Uniform required: Cricket Whites, Bat, and Shoes

Equipment Supplied: Gear bag for each team, balls

Expected Costs: \$100 subs plus own gear requirements

Croquet (Golf)

Teacher in Charge: Mr Stevenson

Season Starts: Term1

Then again in Term 4

Season Ends: End of Term 1 and end of Term 4.

Practice days: Lunchtimes

Competitions: Wednesday 4-6pm

Trials Start:

Home Venue: Aorangi Club Craigie Avenue

Tournaments: Waitaki Interschool, Aoraki Championships, National Championships (qualification tournament in Term 4)

Equipment and Uniform required: Flat soled shoes

Equipment Supplied: Mallet available at club or you can bring your own.

Expected Costs: \$18 for local competition. \$650 to attend Nationals if qualified.

Cross Country

Teacher in Charge: Mr Bennison

Season Starts: Beginning of Term 2

Season Ends: End of Term 2

Practice days:

Competitions: School Cross Country, Canterbury Road Race, Canterbury Cross Country, Aoraki Cross Country, OBHS Interschool

Trials Start:

Home Venue:

Tournaments:

Equipment and Uniform required: Shorts, Running Shoes (Not spikes)

Equipment Supplied: School Singlet

Expected Costs: Travel costs to ChCh, Aoraki Venue (varies), OBHS interschool costs.

Cycling

Teacher in Charge: *Mr Bunting*

Season Starts: All year

Season Ends:

Practice days:

Competitions: Aorakis, Canterbury Secondary Schools Competition

Trials Start:

Home Venue:

Tournaments:

Equipment and Uniform required:

Equipment Supplied:

Expected Costs: Cost of entries for competitions

Debating

Teacher in Charge: Mrs Harland

Season Starts: Start of Term 2

Season Ends: End of Term 3

Practice days:

Competitions: Interschool's, Press Debating Competition ChCh

Trials Start:

Home Venue:

Tournaments:

Equipment and Uniform required: Access to internet for research

Equipment Supplied:

Expected Costs: \$100 approximately

Equestrian

Teacher in Charge:

Season Starts:

Season Ends:

Practice days:

Competitions: Sandalwood Trophy

Trials Start:

Home Venue:

Tournaments:

Equipment and Uniform required:

Equipment Supplied:

Expected Costs: This sport depends on number of students involved in equestrian.

Fencing

Teacher in Charge:

Coach: Graham Payne Cell 021827703 gpayne101@gmail.com

Season Starts: February

Season Ends: December

Practice days: Tuesday/Wednesday 6-8pm To be confirmed)

Competitions:

Trials Start:

Home Venue: TBHS Gym

Tournaments: Tournaments with Christchurch and Dunedin Clubs.
Interschools to be confirmed.

Equipment and Uniform required: T-Shirt, Track pants, indoor court shoes, towel and drink bottle

Equipment Supplied: Foils, mask, fencing uniform, electronic scoreboard

Expected Costs: \$75

Film Making

Teacher in Charge: TBC

Season Starts: When competition details are released

Season Ends: Students with an interest in this area - please see Mrs Segar on an individual basis.

Practice days:

Competitions: Fair Go Ad Awards etc

Trials Start:

Home Venue:

Tournaments:

Equipment and Uniform required:

Equipment Supplied: Camera supplied

Expected Costs: Costs to make film. Travel to filming locations. Tapes for video camera. No set costs.

Fishing Club

Teacher in Charge: Mr Richardson/Mr Gibb

Season Starts: February

Season Ends: November

Trips: Organised throughout the year, usually at least 3 every term to various locations around South Canterbury and further afield

Equipment required: Fishing licence and fishing gear

Equipment Supplied: The club has a number of spinning and fly rods available for use by members

Expected Costs: Club membership fee is \$15 per year. Trip costs vary on location

Football

Teacher in Charge: Mr C. Gibb

Season Starts: Late March/Early April

Season Ends: August. **Note:** Junior teams normally start a week or two later and finish a week or two earlier than the senior teams.

Practice days: 1st XI Tuesday and Thursdays. All other teams practices to be decided after selection.

Competitions: 1st XI play in Senior Men's competition. U17's and U15's play in local competitions. All teams will probably travel to Oamaru at some stage.

Trials Start: Late Feb - early March for 1st and 2nd XI.

Home Venue: SBAP for U17's and senior team. School Park for U15's.

Tournaments: Interschool's. 1st XI will play all interschool's. 2nd XI and other teams will all hopefully have an interschool at some stage.

Equipment and Uniform required: Socks required for all teams. White shorts required for all teams other than 1st XI. Socks and shorts are available through school.

Equipment Supplied: Shirts supplied for all teams. Shorts supplied for 1st and 2nd XI.

Expected Costs: TBC

Golf

Teacher in Charge:

Season Starts: Feb/March

Season Ends: September

Practice days: When organised

Competitions: Interschool's

Trials Start:

Home Venue: Timaru Golf Club Levels

Tournaments: Interschool's, Aorakis, National Secondary Schools
Tournament, Winter Quadrangular Tournament

Equipment and Uniform required: Must have own golf clubs, shoes etc

Equipment Supplied:

Expected Costs: Approximately \$20 per interschool, usually 3 trips away per year. Quadrangular tournament a separate amount (dependant on location)

Hockey

Teacher in Charge: Mr Ross

Season Starts: March

Season Ends: September

Practice days: Wednesday

Competitions: Local Club Competitions 1st XI Senior Mens, 2nd XI, Senior Reserve, 3rd XI, Panthers, and Lions 3rd division

Note: 1sts play on Saturdays and may travel to Ashburton/Oamaru.

2nds play on a Sunday and may travel to Oamaru.

3rd division play on Mondays and may travel to Oamaru

Trials Start: February

Home Venue: South Canterbury Hockey Turf

Tournaments: National 1sts and 2nds Tournaments. Interschool's CBHS, OBHS - 1sts, Waitaki - 1sts, 2nds and 3rds. STAC 1st and 2nds.

Equipment and Uniform required: Stick, mouth guard, turf shoes, shin pads

Equipment Supplied: Uniform, goalie uniform, tracksuits for tournament

Expected Costs: 1sts, 2nds and 3rds - \$230

Pumas, Panthers and Lions - \$200

Extra costs if going to National Tournaments. Costs will vary dependent upon location of tournament.

Itinerant Music Lessons

Teacher in Charge: Miss Bastings

Season Starts: Week 2 Term 1

Season Ends: End of the year

Practice days: As arranged for each instrument

Brass: Wednesday, Woodwind: Wednesday, Guitar:

Tuesday/Wednesday, Electric Bass/Cello/Bass: Thursday,

Piano: Thursday, Pipes: Friday, Violin: Monday, Drum kit:

Friday

Competitions:

Trials Start: Registration forms to be completed and signed by parents before lessons begin.

Home Venue: Studios in Music Department

Tournaments:

Equipment and Uniform required:

Equipment Supplied: Limited number of instruments available for hire

Expected Costs: Hire of instruments - \$200 per year \$55 per term

Piano \$12 per 20 minute lesson

Drum kit – Part cost of lessons. Cost TBC

Jazz Band

Teacher in Charge: *Miss Bastings*

Season Starts: February

Season Ends: End of year

Practice days: Wednesdays 12.30pm

Home Venue: Music Room

Performances: School Interchange, Music Tour of Primary Schools, in school and community performances. Christchurch Jazz Festival.

Equipment and Uniform required: Instruments-hired or personal

Kapa Haka

Teacher in Charge: Mrs Melrose

Season Starts: Beginning of year

Season Ends: End of year

Practice days: Monday at TGHS

Tuesday and Friday at TBHS

Competitions: Ka Toi Maori FLAVA Festival

South Island Secondary School

Trials Start:

Home Venue: Hall

Expected Costs: Very little

Note: This is a combined TBHS, TGHS Kapa Haka team Nga
Manu Kura practice and perform

Motocross

Teacher in Charge: *Mr Archibald*

Season Starts:

Season Ends:

Practice days:

Competitions:

Trials Start:

Home Venue:

Tournaments: South Island Secondary Schools. One off competition.

Equipment and Uniform required: You must have own bike and safety gear. Parents must be able to attend and transport to competition

Equipment Supplied:

Expected Costs: Varies dependant of location of venue

Mountain Biking

Teacher in Charge: *Mr Bunting*

Season Starts: All year

Season Ends:

Practice days:

Competitions:

Trials Start:

Home Venue:

Tournaments: Aorakis

Equipment and Uniform required: Bike

Equipment Supplied:

Expected Costs: To be advised

Pipe Band

Teacher in Charge: Miss Bastings/Scott Shannon

Season Starts: February

Season Ends: November

Practice days: Friday 12:40pm

Competitions:

Trials Start:

Home Venue: Music Department

Performances: Fireworks Bonanza, Music Tour of Primary Schools

Equipment and Uniform required: Chanter and Pipes if you have them

Equipment Supplied: Chanter and Pipes through Scott Shannon

Expected Costs:

Robotics

Teacher in Charge: TBC

Students use the Vex Robotic System to design, build and test robots that are designed to take part in the annual Kiwi Bot competition.

Season Starts:

Season Ends:

Practice days: Wednesday evening 3.30pm – 4.30pm

Competitions: Twice a term in Christchurch. Points go towards possible entry to the National Competition in Christchurch the following year.

Equipment required:

Equipment Supplied:

Expected Costs:

Rockquest

Teacher in Charge: *Miss Bastings*

Season Starts: First Meeting February

Season Ends: November

Practice days: To suit bands and Music Department

Competitions: 9th June Theatre Royal Timaru Regional Competition

Trials Start: Group set up from February

Home Venue: Music Studios, Hogben Hall

Performances: Music Tour of Primary schools, 2 day Music Tour,
Secondary Schools Interchange

Equipment and Uniform required: Students to provide own gear for competitions and tours. Mufti uniform for tours and trips

Equipment Supplied: School amplifiers, instruments available for school rehearsals

Workshops: Music Commission, Rockquest

Expected Costs: Travel for competitions and tours outside Timaru

Rowing

Teacher in Charge: Mrs Wright

Season Starts: September

Season Ends: April

Practice days: 2 days a week initially building up to 5 times a week at the height of the season

Competitions: 7-8 competitions throughout the season culminating in the Maadi Cup

Trials Start:

Home Venue: Training on Saltwater Creek initially then at Lake Opuha. Regattas at Lake Ruataniwha and Lake Hood.

Tournaments:

Equipment and Uniform required:

Equipment Supplied: Boats and sculls/oars

Expected Costs: \$300 rowing fee. Costs for accommodation and travel to regattas and training. Costs can be upwards of \$1700.

Rugby

Teacher in Charge: Mr Patterson

Season Starts: March

Season Ends: November

Practice days: Tuesday-Thursday

Competitions: 1st XV – Crusaders Press Cup Competition

All other teams – Local Competition

Rugby 7s as well

Trials Start: February

Home Venue: Alpine Energy Stadium, School Park

Tournaments: Interschool's, Colts-Colts Tournament

Equipment and Uniform required: Boots, TBHS Shorts, Socks,
Mouthguard

Equipment Supplied: Jersey Supplied

Expected Costs: Subs: TBC. Extra costs for Colts Tournament and 1st XV

Skiing/Snowboarding

Teacher in Charge: *Mr O'Neill*

Season Starts: August

Season Ends: September

Practice days:

Competitions: Aorakis, South Island Secondary Schools Championships

Trials Start:

Home Venue: Round Hill

Tournaments:

Equipment and Uniform required: Own equipment required

Equipment Supplied:

Expected Costs: Season fees (some discounts available)

Softball

Teacher in Charge: Mrs Paul

Season Starts: Start of Term 4

Season Ends: End of term 1

Practice days:

Competitions: Local Competition

Trials Start:

Home Venue: School Park

Tournaments:

Equipment and Uniform required:

Equipment Supplied: Bats, balls and gloves

Expected Costs: \$150 per team. Teams are normally organised by the students.

Speeches

Teacher in Charge: Mrs Wright

Season Starts: Various

Season Ends:

Practice days: Before competitions

Competitions: Number of local competitions run by organisations such as Rotary plus school based competitions.

Trials Start:

Home Venue:

Tournaments:

Equipment and Uniform required: Access to internet and computers

Equipment Supplied:

Expected Costs: Will be low but depends on travel to competitions.

Squash

Teacher in Charge: Mr Poulter

Season Starts: Term 2

Season Ends: Term 3

Practice days: To be advised

Competitions: School ladder, Timaru Squash Club Secondary Schools
Pennant

Trials Start: Term 2

Home Venue: TBHS Gym Court

Tournaments: Interschool's – Waitaki, OBHS and STAC. Aorakis. South
Island tournament if team strong enough.

Equipment and Uniform required: Need own racquet

Equipment Supplied: Shirts supplied for A team.

Expected Costs: Varies - dependent upon competition level.

Swimming

Teacher in Charge: Mrs Stevenson

Season Starts: School Swimming Sports February

Season Ends: Aorakis or South Island Events

Practice days:

Competitions: Schools Sports/Aorakis/South Islands

Trials Start:

Home Venue:

Tournaments:

Equipment and Uniform required: Togs

Equipment Supplied:

Expected Costs: Travel and accommodation for South Island Championships. Aoraki Entries covered by school.

Table Tennis

Teacher in Charge:

Season Starts: Start of Term 2

Season Ends: End of Term 3

Practice days:

Competitions: Monday Nights

Trials Start:

Home Venue: Conoor Road Table tennis Centre

Tournaments: Aorakis, National Tournament if qualified

Equipment and Uniform required: Soft shoes

Equipment Supplied: Bats, balls

Expected Costs: \$15 fee approximately \$2 a night

Tennis

Teacher in Charge:

Season Starts: Start of Term 1 and Term 4

Season Ends: End of Term 1 and Term 4

Practice days:

Competitions: Tuesday/Friday night competitions

Trials Start:

Home Venue: ASB Tennis Centre

Tournaments: Aorakis, South Island Championships, Interschool's

Equipment and Uniform required: Tennis Racquet, Blue Shorts, Non marking shoes

Equipment Supplied: Tennis Tops

Expected Costs: Tuesday/Friday nights - Approximately \$20

Interschools – Approximately \$40/\$60

Theatre Sports

Teacher in Charge: TBC

Season Starts: All year

Season Ends:

Practice days: Lunch time

Competitions:

Trials Start:

Home Venue:

Tournaments: Interschools if other schools have teams. Court Theatre

Regional Schools' Competition: Seniors - 3rd term, Juniors - 4th term.

Equipment and Uniform required:

Equipment Supplied:

Expected Costs: School covers membership fee. Travel to ChCh for competitions and training. Approximately \$15 per trip.

Touch

Teacher in Charge:

Season Starts: 1st and 4th Terms

Season Ends:

Practice days:

Competitions: Aorakis

Trials Start:

Home Venue:

Tournaments: STAC, Waitaki Interschools

Equipment and Uniform required: Blue shorts, shoes

Equipment Supplied: Tops

Expected Costs: To be advised

Trapshooting

Teacher in Charge: Mr Willis

Season Starts: Term 2

Season Ends: Term 4

Practice days: Tuesday

Competitions: Provincial, Intercollegiate, Interschool's, Nationals

Trials Start: End of Term 1

Home Venue: Timaru Shooting Club (Timaru Airport)

Tournaments:

Equipment and Uniform required: TBHS Uniform for competition, Tracksuit, Gun

Equipment Supplied: Guns can be loaned

Expected Costs: \$30 per week, plus travel and accommodation costs for some competitions. Plus \$50 to join Timaru Club and New Zealand Claybird shooting.

There will be extra costs involved in getting out to the Airport for training. Students may have to sort their own transport out to get there.

Triathlons

Teacher in Charge: *Mr Bennison*

Season Starts:

Season Ends:

Practice days:

Competitions:

Trials Start:

Home Venue:

Tournaments:

Equipment and Uniform required:

Equipment Supplied:

Expected Costs:

Note: It is unknown at this stage if this sport is going ahead. This will be confirmed after level of interest is determined.

Volleyball

Teacher in Charge: TBC

Season Starts: Seniors – Beginning of Term 1

Juniors - Term 3

Season Ends: Seniors – End of Term 1

Juniors – Term 4

Practice days: Seniors and Juniors- Monday 3.30pm Thursday 7.30am

Competitions: Aorakis. Otago Champs, Canterbury Champs, Nationals in Palmerston North, Interschool's

Trials Start: Seniors – Start of Term 1

Juniors – End of Term 3

Home Venue: TBHS Gym

Tournaments:

Equipment and Uniform required: Court Shoes

Equipment Supplied: Uniform provided

Expected Costs:

Seniors: Nationals \$700, All other tournaments \$200

Juniors: South Islands \$350

All other tournaments vary in cost: approx \$50 - \$100.

Weight Training

Teacher in Charge: *Mr Poulter*

Season Starts: Term 1

Season Ends: Term 4

Practice days: Monday-Friday 8.30-3.30pm

Competitions:

Trials Start:

Home Venue: TBHS Gym

Tournaments:

Equipment and Uniform required:

Equipment Supplied: Weights room, Cardio equipment

Expected Costs: \$50 membership fee

Yachting

Teacher in Charge: Mrs Whytock

Season Starts: February

Season Ends: April

Practice days: Usually Wednesday

Competitions: 420 Secondary Schools Team racing

Trials Start: February

Home Venue: Timaru Yacht and Power Boat Club

Tournaments: Nationals, Top of the South Regatta, Lower South Island Regatta, STAC Exchange,

Equipment and Uniform required: Normal Sailing Gear – wetsuit, lifejacket etc

Equipment Supplied: 420's boats

Expected Costs: \$1000 approximately.

For experienced sailors only. Learn to sail lessons can be done through the Timaru Yacht and Powerboat Club.